

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
7:00	CrossFit	OpenBox	CrossFit	OpenBox	CrossFit	-
8:00	OpenBox	OpenBox	OpenBox	OpenBox	OpenBox	-
9:00	CrossFit	OpenBox	CrossFit	OpenBox	CrossFit	Fundamentos
10:00	OpenBox	CrossFit	OpenBox	CrossFit	OpenBox	Fundamentos
11:00	OpenBox	OpenBox	OpenBox	OpenBox	OpenBox	CrossFit
12:00	OpenBox	OpenBox	OpenBox	OpenBox	OpenBox	OpenBox
13:00	OpenBox	OpenBox	OpenBox	CrossFit	OpenBox	OpenBox
14:30	CrossFit	OpenBox	CrossFit	OpenBox	CrossFit	OpenBox
15:00	OpenBox	OpenBox	OpenBox	OpenBox	OpenBox	OpenBox
16:00	OpenBox	OpenBox	OpenBox	OpenBox	CrossFit	OpenBox
17:00	OpenBox	CrossFit	OpenBox	CrossFit	Fundamentos	OpenBox
18:00	CrossFit	OpenBox	CrossFit	OpenBox	Fundamentos	OpenBox
19:00	CrossFit	CrossFit	CrossFit	CrossFit	CrossFit	OpenBox
20:00	CrossFit	CrossFit	OpenBox	CrossFit	CrossFit	OpenBox
21:00	CrossFit	OpenBox	CrossFit	OpenBox	OpenBox	OpenBox